

HUMIDEX

Humidex is a measure of how hot we feel. It is an equivalent scale that expresses the combined effects of warm temperatures and humidity. It provides a number that describes how hot people feel, much like the equivalent chill temperature, or wind chill factor. Humidex is used as a measure of perceived heat resulting from excessive humidity and high temperature combined.

Environment Canada uses humidex ratings to inform the general public when heat and humidity are possibly unsafe. The relation between humidex values and comfort is subjective and varies widely between individuals.